Bibliography
Lesser-Known and Novel ideas to increase milk production
Lisa Marasco 2013

Misc:
Brody, S., & Kruger, T. H. (2006). The post-orgasmic prolactin increase following intercourse is greater than following masturbation and suggests greater satiety. Biol Psychol, 71(3), 312-315

Antenatal Expression
**Acupuncture/Acupressure/Reflexology**


**Chiropractics/Cranio-sacral**


**Massage**


New Breast Tissue

Prolactin Replacement

Hypnosis / Imagery / Relaxation

Placentophagy


**TENS / Ultrasound**


**Nutrition**


**Herbs & Homeopathy:**


**Fenugreek**


**Shatavari**


**Malunggay**


Veloso, A. Go-Lacta. from http://www.golacta.com/


**Torbangun**
